

After the execution of Kiri-oroshi, Uke inserts the sheath between the belt and her left loin-corner and faces Tori assuming natural standing posture.

Uke takes away the sword from her left loin-corner with her right hand and carries the sword in her right hand. Uke turns around by



about 180°, then proceeds to the front of the **Dagger**. Uke assumes formal kneeling posture, then takes up the dagger and carries that together with the sword in her right hand,—dagger close

to her right thumb and sword to her four fingers. Uke **stands up and turns around**

by about 180°, then proceeds forward and stops apart and facing Tori by the distance of approximately 1.8 meters. Tori and Uke assume formal kneeling posture simultaneously. Uke places the dagger and the **sword** beside her right thigh as she did at the beginning.

In order to place the dagger and the sword, Uke **should** not incline her upper body rightward, in other words, she should place them just beside her right thigh.

The sword-guard should be placed a bit behind the line unking both her knee-caps.

Tori and Uke calm themselves placing their **hands on** their thighs and placing their fingers inward.

Both exchange bows simultaneously.

Uke takes up the dagger and the sword with both **her** hands, then carries them in her right hand placing both blades upward. Tori and Uke stand up at the same time and face toward Joza. Assuming erect standing posture, they bow simultaneously. After then, they leave the gymnasium calmly.



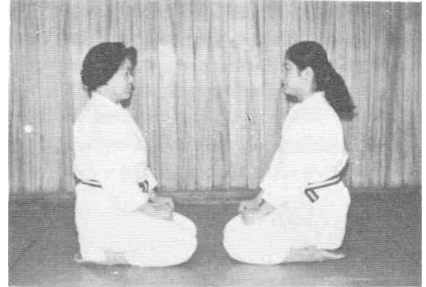
#### 4. Techniques

##### I. Idori (Techniques applicable by kneeling posture)

###### (I) Ryote-dori (Both Wrists Seizure)

###### Against attacks with bare hand

- a) Placing their fists on their thighs, **Tori and Uke** calm themselves.



- b) **Uke** seizes **Tori's** wrists from above with both her hands,—both thumbs facing with each other.
- c) **Tori** pulls both her hands backwards to her thighs in order to force **Uke** to lose the balance forward. Standing both her toes on the mat, **Tori** raises her **upper** body and upper thighs, then opens her left knee obliquely leftward.

toes on the mat, **Tori** raises her **upper** body and upper thighs, then opens her left knee obliquely leftward.



- d) **Tori** brings her right leg forward and obliquely leftward and places her right foot beside the outer edge of **Uke's** right knee. Simultaneously, **Tori** swings up her right hand obliquely leftward up to her left shoulder in order to force **Uke** to release **Tori's** right wrist from her seizure.

