$1.8\ meters$ and holding the sword on her left loin corner. Uke holds the sheath with the four fingers of her left hand and places her left thumb on the safe-guard. Uke holds the hilt with her right hand, then unsheathes the sword . Uke holds the hilt with her right hand near the safe-guard and with her left hand near the end.

Uke places the point of bayonet toward the **center of** Uke's eyes in order to control Tori's movement.

b) Drawing her right foot by one pace, Uke swings up the sword over her head pacing the blade toward Tori. Advancing her right foot by a big pace, Uke attempts to cut straight from above Tori's head with the sword.





c) Immediately, Tori opens her body rightward drawing her right foot backwards and obliquely rightward, then parries Uke's sword thrust pressing Uke's right elbow joint from above with her left hand.



- d) Tori seizes Uke's right wrist from above with her right hand and pulls that close to he right loin corner in order to control Uke's right arm.
- e) Uke thrusts her left arm across Uke's chest as if rubbing Uke's right side neck and chest with the outer edge of her left arm.

Lowering her body downward, Tori projects her abdomen

in order to press Uke's right elbow joint.



f) Uke taps her left upper thigh or Tori's left thigh as a sign of surrender.



g) Tori releases Uke's right elbow joint from pressure.





After the execution of the above ten techniques, Uke attempts to attack Tori in Ryote-dori and Furi-hanashi respectively in the same manners mentioned above, however, Tori counter-attacks with her left hand in each technique. Uke attempts to attack Tori in Gyakute-dori in the same manner mentioned above, however, Tori counter-attacks with her left knee. Uke attempts to attack Tori in Tsukkake with her left fist and Tori controls Uke's left arm and chest with her right arm. Kirikake is performed in the same manner mentioned above. Uke attempts to attack Tori in Tsuki-age and Yoko-uchi respectively with her left fist and Tori counter-attacks with her left fist in each technique. Uke attempts to seize Tori from behind in Ushiro-dori advancing her left foot obliquely forward and leftward, and Tori counter-attacks with her left elbow joint. Uke attempts to attack Tori in Naname-tsuki with a dagger in her left hand. Tori, controls Uke's left arm with her left arm. Kiri-oroshi is performed in the same manner mentioned above.