A Little Self-Examination

by Charles R. Robinson

In many cases, by the time a judoka has reached sensei, coach, or examiner status, they have been without a mentor or teacher for many years. This may contribute to the problem of staying current or proficient, and could be especially true of a club leader who is isolated from other areas of judo activity.

In addition, let's also admit that there are some skills we don't like to demonstrate or practice. Due to old injuries, there are even some skills that hurt when we do practice them. Or perhaps, because of these physical limitations, we now find we can only perform some skills to one side. So be it! But let's keep on performing them, and do a little self-examination as to how we can change our grip, stance, body positioning, etc. in order to perform a particular skill to our "bad side" in a reasonable fashion.

My old injuries, none of which came from judo, limit me in many ways, but they do not stop me. So what does this have to do with staying current? Well, how do we conduct our classes? Does a lot of our instruction and training cover only five or six techniques? Are our students allowed to experiment? Are clinics by other judoka held in our clubs and new ideas shared? Do we learn new skills from videos? Are our students encouraged to learn a technique the best way for them instead of simply as a carbon copy of a champion?

Some of the ways that can assist us in staying current, without limiting our teaching or training to a limited number of skills, is to use a part of the USJA Senior Promotion System in our regularly scheduled classes. By going through the System twice a year as part of your regular teaching, each student will have the opportunity to be exposed to the skills at least once, and some of these skills will be incorporated into his or her personal repertoire.

And when you have time alone, review your own skills in solo practice. Walk through the katas and other judo skills with a "shadow partner." Whenever possible, I have two or three clubs get together for a clinic. Let all of the instructors show different skills, play off of each other's ideas, and let everyone participate and contribute.

Each of you may have your own way of keeping current and proficient. Let's all stay with it, and help keep the USJA strong and technically superior.
Greetings:
This is my first annual report as President, or, as one could refer to it, my "report card" to the Board of Directors and members.

Corporate Status: We have negotiated with the State and Federal officials on a continuous basis since October 1995 in connection with financial and corporate status matters, and this persistence has paid off. Our corporations have survived.

In August 1996, our final negotiation meeting with the Internal Revenue Service and a representative of Colorado National Bank resulted in an agreement/time payment schedule in settlement of the tax lien on the NJI property. This has worked out favorably for the NJI. Cumulative funds from existing accounts, proceeds from the sale of the property at 19 North Union, and a fund drive asking members for help with the IRS indebtedness have enabled us to decrease the balance due to an amount that can be paid by the USJA on a monthly basis.

Overhead Expenses: While we continue to monitor our staff duties and volume of services, efforts are being made to reduce expenses in all areas. During the past year, full-time staff has been reduced from 17 to 6. We still have the need for our present part-time employees in the areas of secretarial, printing, technical writing, and computer services. Careful evaluation of all positions is continuously conducted; the volume of services and revenue generated will determine personnel needs.

Fund Raising Programs: Several fund raising programs are currently being explored for long term revenues. We have five of these programs being actively prepared for marketing:
- Visa/Master Card Program
- Health Care Program (Individual and Family)
- Greeting Cards
- Labels and Stickers
- Publications

Additional programs to implement as soon as marketing surveys are completed:
- Long Distance Carrier
- National Training Center Renovation
- Equipment Endorsements

The USJA camp and clinic programs conducted by our Executive Director have generated $73,561 in annual memberships, Life Memberships, certifications, and promotions. His expenses totaled approximately $7,000 for travel and lodging, resulting in a $66,561 profit so far this year. Ed has scheduled clinics for the remainder of 1996, which will increase the above revenue.

Corporate Reorganization: After long consideration and consultation with USJA members and attorneys, it would be in the best interest of the USJA to dissolve the National Judo Institute. The Board of Directors has approved this action. The properties would be renamed "USJA National Training Center." Currently, the USJA and NJI have the same Board members.

Renovation/deferred maintenance on the Training Center will be accomplished during 1997, hopefully prior to Camp Bushido in July. The renovation will include the interior as well as exterior, and during renovation, members will be offered the opportunity for stewardships of one or more square feet of space. A flyer outlining this program is included with this mailing. The office spaces in that building will be occupied by USJA staff and training facilities, and the present office space at 21 North Union will be leased out as income revenue.

However, some of the workshop space on the first floor of 21 North Union will be maintained in its present location.

Membership: In his message to you in this newsletter, Edward N. Szrejte, our Executive Director, has given you the good news regarding our increased membership.

Promotion Board Procedures: Standards and criteria for senior dan promotions have been drafted, and copies forwarded to the Chairman of the Promotion Board. The Board of Directors has approved these procedures.

Life Memberships: The cost of USJA Life Memberships will increase to $200 beginning February 1, 1997. A notice outlining the details is contained in this newsletter. It is imperative that marketing programs are implemented to encourage membership growth. We must increase our base membership to an attractive marketing base for the purposes of product endorsements and other revenue-generating projects. Life Memberships are vital to our organization as they represent a level of membership that will not fluctuate (except in the case of death). The increase in the Life Membership fee will also provide revenue with which to mail publications to all members.

Happy holidays to you all.

Jesse Jones

December, 1996
To one and all—
Happy Holidays! I hope each of you receives a gift that you will treasure and enjoy.

Speaking of gifts, you can all pat yourselves on the back for the following gift: since January 2, 1996, USJA membership has increased by 2,000 individuals and 120 new clubs!

This must be a record. Current membership is 23,200, with a club count of 1,342. We still have the month of December to go, and at this rate, we should see about a hundred more. When I arrived at the USJA on March 13, 1993, our membership count was 16,551, so we are speaking of an increase of 4,786 new members in about three and a half years. Over 2,000 of these have joined us since October 21, 1995, when USJA leadership changed hands. Heartfelt congratulations to you all.

Last month, we published a book titled Illustrated Judo Techniques. It contains drawings by Bill Nauta, who did all the drawings for our popular wall chart. Look at the testimonials on the flyer enclosed with this mailing, and order your copy soon.

Work continues on the revised USJA Senior Handbook. Many coaches have asked when they can expect to be able to purchase this long-awaited text, and at this time all I can say is that it will be published sometime in the second quarter of 1997 along with the third edition of the USJA Jujitsu Manual. Our thanks to everyone working on these and other USJA projects.

Make plans now to attend one of our USJA summer camps. Have fund drives to raise the necessary fees, and don't forget that the registration of ten students for a camp allows one student to attend for free. I have been asked, "why so many summer camps?" I can only answer that question with another that was posed to me. "Why don't we have camps closer to us than Camp Bushido in Colorado Springs?" We do try to accommodate everyone. Ten successful camps were held this past summer, and I recently had a request for yet another in the New England States. I will work to provide the instructors if someone volunteers to be the host.

Forty-three USJA clinics were conducted in various parts of the country in the last twelve months, and we have located many qualified instructors who have agreed to do clinics on almost any subject. Please contact me for details on holding a clinic at your club. You can even request a specific instructor—we try to please.

I look forward to the challenges that 1997 will bring, and I am certain that with your help, the USJA will continue to be the most progressive judo organization in the country.
We are all well aware of the negative method of teaching. For instance, there are ten problems on an arithmetic examination, we missed three. The teacher marks three red marks and a great big 70% and a great big "D." That's teaching? Wouldn't it be better to mark the seven correct answers and encourage the person to study the three wrong ones; then give the student the right to retest and get ten right?

What I want to emphasize is what should be obvious. The person who is encouraged by a repeated positive response on the part of the teacher will learn more arithmetic. The correct action of the student will be positively reinforced by praise, and will be strengthened and improved.

How then can we apply this principle of positive reinforcement to Judo? Here's an example. First, we begin by looking for any correct movement the student is doing in practice. Perhaps we tell him that he has good right hand action, and in the next repetition to concentrate on the placement of his left foot. Of course, his right hand may then go crazy because he is concentrating on his left foot, but forget his right hand and watch his foot. Find some improvement in his left foot and then go back to his hand. The left foot may again regress by the end of the practice, but the student will have learned where his right hand belongs and where his left foot belongs. He may not be able to do it perfectly, but the secure knowledge that you, the teacher, will be there to compliment his attempts will encourage him to try harder. Once he begins to get one hand, one foot, or his posture correct, he can begin to build a throw.

This is a very brief example of positive reinforcement in teaching Judo. Here are a few other ideas, all that this limited space allows, which are relevant to this positive method of teaching.

It is amazing how often one encounters a judom an who has been so negatively taught that he has closed his mind to all instruction, and is consequently incapable of advancing in technical ability. He has been exposed only to criticism, so he ignores all teaching. Positive teaching could have helped him.

Often, when visiting another dojo, we find the emphasis on throwing the other guy down and not being thrown down ourselves, rather than on the study and learning of the principles of Judo.

Granted, adequate time should be given to competitive training, but it should not be stressed to the point where one feels embarrassed to be thrown by one's fellow students in normal randori.

Any top competitor will tell you that the blocking of a throw is learned best by the man who is thrown by that throw many times by good players, rather than by the person who concentrates on defense. The best defense is an automatic defense and a positive offense. Positive teaching can help to build that effective offense faster.

Too many judoka look at their fellow players as cannon fodder, rather than as fine precision tools necessary to the practice of their trade. They think nothing of crudely smashing a player of lesser skill, rather than using the chance to practice technique. That same person would not leave a fine saw or other tool out in the elements to rust. Why then unnecessarily abuse the tool of the judoka's trade, his training partner? Training and learning in
Positive Method of Teaching Judo
(continued from page 4)

Judo cannot be done successfully in a selfish way, without regard for one's fellow players, for they are necessary for judo to exist.

It is also important that one should feel real pleasure when caught by a lesser player in a skillful move. For if one is training well with others, the relative level of the group and the skilled technical base will rise. Positive teaching will help build a good dojo spirit because those who are positively taught will help newer students in the same way.

All of this enters into the positive method of teaching judo, serving as protection for the less skillful against the possible exploitation by better players. This method also allows better players to combine competitive training methods with the learning of principle in a positive and encouraging way, and makes it possible for a truly strong dojo esprit d'corps to grow. Often a top player fails to realize that his colleagues are the ones who helped him to the top because they are the ones who took the falls. Without them, he would be nothing. After he becomes a champion, without them and their respect, he is again nothing.

The more people you encourage with a positive attitude and a safe attitude to play, the more champions will emerge for you to teach.

With a real talent, there is very little you can say of a negative nature, but with all of the average players, and these are the ones that your champion needs as a base, you should concentrate on the positive aspects of their work and encourage them in every way. Remember: practicing with even the lowest ranked player is better than practicing with no one at all.

Profile of a Judo Leader

Sensei Bill Ryan
Clarksville-Ft. Campbell Judo/Jujitsu Club
2251 Blakemore Drive
Clarksville, Tennessee 37040

Sensei Ryan, Godan, started his judo training in 1962 with the Air Force Judo Association, the predecessor of the USJA. Bill was assigned to many Airborne and Ranger units, and retired from military service in 1984 having served two tours in Vietnam. His past instructors include such judo notables as Kotani Sensei, Sakabe Sensei, British National Coach Gleeson, Olympic Champion Anton Geesink, U.S. Champions George Harris and Jim Bregman, and Kata Champion, Greg Fernandez. In 1994 he was the Kentucky State Masters Champion, and State Kata Champion for Tennessee and Kentucky in 1995 and 1996.

Bill Ryan has been the head coach of the Clarksville, Tennessee/Fort Campbell, Kentucky Judo Clubs since 1991. With 103 members, this club is one of the largest USJA clubs in the country. Additionally, he teaches judo, jujitsu, and unarmed combat to elements of the 5th U.S. Army Special Forces, the 101st Airborne Division, and the 160th Special Operations Aviation Regiment. His teams have won state championships in both Tennessee and Kentucky, and Bill was selected by the Atlanta Committee for the Olympic Games to be one of eight Competition Marshals at the 1996 Olympic Games. His USJA certifications include: Referee, Senior Coach, Master Rank Examiner, Kata (A) Level Instructor, and he holds Judge and Master Instructor Certifications from the USJI.

Sensei Ryan's contributions to American judo are numerable and broad-based. He has touched and influenced many lives, and is certainly a good example for all of us to follow.

A Note to Club Leaders & Instructors

from Charlie Robinson, Sensei, Twin Cities Judo Club

I highly recommend that you get the new USJA book "Illustrated Judo Techniques." The large sequential drawings by Bill Nauta clearly illustrate the many techniques. The drawings are so well-done that a person could actually teach himself by following them. This USJA publication can help judoka establish a firm foundation of both basic and more advanced techniques, and can be used as reference between class sessions. The absence of written description makes this the perfect teaching vehicle for everyone. Even children without technical reading skills can learn from the easy to follow visuals. Order yours today!
Today we live in a society where many of the values we as parents and educators grew up with are being eroded away. The search for activities for our children that support and reinforce the values taught in the home, becomes increasingly difficult.

What values will judo impart to my child? The objective of a judo dojo, or practice hall, is to be a miniature model of the outside world. The tasks, challenges, and conflicts we face in the real world are experienced on a much smaller, and much more manageable scale.

We learn to cooperate and care for another human being. Judo is an art and sport which requires practice in pairs. Without a partner willing to share him or herself, we do not learn and progress. From this we also learn sportsmanship and cooperation, as well as meaningful and constructive relationships.

We learn that today’s defeat is no reason to give up the battle. We pick ourselves up, dust ourselves off, and learn from our mistakes. We learn to strive for self-improvement while keeping failures in proper perspective.

Every student of judo imagines when they will receive their Black Belt. Much like the journey from kindergarten to college, judo is about learning and applying what we learn, over and over again. Finally, one day we receive a college degree, or a Black Belt. In either case, we find that we have not reached an end, but have only fully prepared ourselves for a new beginning! We learn that goals and challenges are obtainable.

Self-Improvement: Many martial arts advertise the self-confidence and self-esteem building aspects of the martial arts—and rightly so. With each success we experience, we become more self-confident in our ability to repeat a desired task or performance. Judo provides the opportunity to experience success in helping a student become more self-confident, and better prepared to face the real world.

A child learns self-respect and a sense of dignity through his or her increased self-understanding. This frees your child to respect the personalities, rights, and differences of others.

Judo has no age barriers; no sex or race barriers. In judo, everyone starts off as an equal. It is how one deports him or herself from within and from without which sets one person apart from another.

Stress Management: Most researchers in child development will tell you that your child experiences stress to the same degree and intensity as an adult. The stresses may not seem important to you, but through a child’s eyes they are very serious. We know stress affects our work, home, and social life. It is no different for your children. Exercise, in addition to making one more physically fit, is known to relieve stress. This is why many parents report a noticeable increase in school grades during the first few months a child participates in judo.

Anger Management: We learn on our journey from childhood to adulthood that anger is an acceptable human emotion. It is how we express this anger that often “lands us in hot water.” For some children and adolescents, the proper expression of our anger is, perhaps, our most difficult lesson on the road to becoming an adult.

In judo, we find that anger which is not properly channeled will, in the end, allow us to defeat ourselves. Anger properly utilized and channeled will provide the extra energy and motivation needed to achieve success!

Traditions: The young learn from the old. Judo is an art of experience much as life is. We learn to respect and value those who are further along the path than we may be; those whose wealth of experience is greater than our own.

We bow to each other in judo. A bow has many subtle meanings apart from its main theme. The main theme however, is what is most important. When a bow is executed, it is a physical demonstration of respect, an acknowledgment of another human being. In judo, a bow is a reflection of the spirit of the one who is performing it. It should not be seen as a religious act or construed as groveling.

The Social Benefits of Judo: Judo people love to sweat and throw each other around the room. People who train together develop a sense of belonging, and an involvement in something meaningful to them.

Wherever you travel as a student of judo you are always welcomed into another school like a long lost relative. In today’s society, this is truly unique.

Judo people have learned to cooperate and help each other so that everyone benefits. They will spend days of their free time working on projects or helping at tournaments for no personal gain, but simply for the sheer joy of the experience.

The founder of judo felt that each student of judo, who properly learns the “way,” will not only benefit the society in which he presently lives, but will also benefit a hundred generations to come!
Women's Results

Women 45 kg
1. Consuelo Gonzalez, Habana, Cuba
2. Guacaran Roselis, Venezuela
3. Renata Silva, Sao Paulo, Brazil
3. Stephanie Kawasaki, Ontario, Canada

Women 48 kg
1. Hillary Wolf, Colorado Springs, CO, United States
2. Kristina Borchert, Hamburg, Germany
3. Terri-an Fujikawa, Honolulu, HI, United States
3. Monika Kurath, Zurich, Switzerland

Women 52 kg
1. Luce Baillargeon, Quebec, Canada
2. Emily Wee, Clinton twnp, MI, United States
3. Marisa Pedulla, Pittsburgh, PA, United States
3. Amarilis Savon, Habana, Cuba

Women 56 kg
1. Leena Verdccin, Habana, Cuba
2. Brigitte Lastrade, Quebec, Canada
3. Ellen Wilson, Colorado Springs, CO, United States
3. Raffaella Imbriani, Cologne, Germany

Women 61 kg
1. Driulis Gonzalez, Habana, Cuba
2. Kenia Rodriguez, Habana, Cuba
3. Celita Schutz, Hillsdale, NJ, United States
3. Ruth Eddy, Wales, Great Britain

Women 66 kg
1. Xiomara Griffith, Venezuela
2. Carly Dixon, Australia
3. Sibelli Verani, Habana, Cuba
3. Catherine Arlove, Australia

Women 72 kg
1. Sandra Bacher, San Jose, CA, United States
2. Kimberly Ribble, Ontario, Canada
3. Niki Jenkins, Ontario, Canada
3. Joanne Melen, Wales, Great Britain

Men's Results

Men 56 kg
1. Reiver Alvarenga, Venezuela
2. Cristobal Aburto, Mexico
3. Esteban Nuez, San Cristobal, Dominican Republic

Medal Count

<table>
<thead>
<tr>
<th>Country Name</th>
<th>Total</th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
</tr>
</thead>
<tbody>
<tr>
<td>United States</td>
<td>21</td>
<td>6</td>
<td>4</td>
<td>11</td>
</tr>
<tr>
<td>Cuba</td>
<td>15</td>
<td>8</td>
<td>2</td>
<td>5</td>
</tr>
<tr>
<td>Brazil</td>
<td>7</td>
<td>1</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>Canada</td>
<td>7</td>
<td>1</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Venezuela</td>
<td>5</td>
<td>2</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Great Britain</td>
<td>5</td>
<td>0</td>
<td>1</td>
<td>4</td>
</tr>
<tr>
<td>Mexico</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Australia</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Germany</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Ecuador</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Yugoslavia</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Switzerland</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>New Zealand</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Colombia</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Dominican Republic</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>
Outstanding Male Athlete: Joe Marchal  
Outstanding Female Athlete: Corinna Broz  
Most Improved Male Athlete: Alex Ottiano  
Most Improved Female Athlete: Sherrie Phillips  
Outstanding Kata Practitioner: Cary Takagawa  
Coach of the Year: Tom Reiff  
Life Member Contributor: Steven Jimmerfield

### Outstanding State Competitors

<table>
<thead>
<tr>
<th>State</th>
<th>Junior</th>
<th>Senior</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alabama</td>
<td>Laurel Beard</td>
<td>Lawrence Beard</td>
</tr>
<tr>
<td>Arizona</td>
<td>Vickie Whittle</td>
<td>Marie Rhoads</td>
</tr>
<tr>
<td>Arkansas</td>
<td>Lonnie Edwards</td>
<td>Carl Dyer, Jr.</td>
</tr>
<tr>
<td>California</td>
<td>Amanda Nieto</td>
<td>Mark Hays</td>
</tr>
<tr>
<td>Colorado</td>
<td></td>
<td>Carlos Puente</td>
</tr>
<tr>
<td>Connecticut</td>
<td></td>
<td>Devon Lawless</td>
</tr>
<tr>
<td>Florida</td>
<td>James McGann</td>
<td>Rolando Perez</td>
</tr>
<tr>
<td>Georgia</td>
<td></td>
<td>Kevin Mason</td>
</tr>
<tr>
<td>Illinois</td>
<td>Patrick Coyne</td>
<td>David Young</td>
</tr>
<tr>
<td>Indiana</td>
<td>Jessica Gresley</td>
<td>Brad Daniels</td>
</tr>
<tr>
<td>Massachusetts</td>
<td>Charlie Boston</td>
<td>Joseph Felton</td>
</tr>
<tr>
<td>Michigan</td>
<td>Elizabeth Montrell</td>
<td>Timothy Gardner</td>
</tr>
<tr>
<td>Mississippi</td>
<td>Ross Ethridge</td>
<td>Patrick Palmer</td>
</tr>
<tr>
<td>Missouri</td>
<td>Andy Dodd</td>
<td>Randy Pierce</td>
</tr>
<tr>
<td>Nevada</td>
<td>Chelsea Nelson</td>
<td></td>
</tr>
<tr>
<td>New Hampshire</td>
<td>Ian Flynn</td>
<td></td>
</tr>
<tr>
<td>New Jersey</td>
<td>Allison Waters</td>
<td>Joseph Walters</td>
</tr>
<tr>
<td>New York</td>
<td>Peggy Whitaker</td>
<td>Rebecca Nealon</td>
</tr>
<tr>
<td>North Carolina</td>
<td>Durell Daniels</td>
<td>William Lambert</td>
</tr>
<tr>
<td>Ohio</td>
<td>Neals McIntosh</td>
<td>Daniel Doyle</td>
</tr>
<tr>
<td>Oklahoma</td>
<td>Katherine Ensler</td>
<td>David Seidner</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td>Jeffrey Leider</td>
<td>Kirk Devere</td>
</tr>
<tr>
<td>Rhode Island</td>
<td>Fred Acquero</td>
<td></td>
</tr>
<tr>
<td>South Carolina</td>
<td>Douglas Keffer</td>
<td>Matthew Branscum</td>
</tr>
<tr>
<td>Tennessee</td>
<td>Eric Porter</td>
<td>Gelu Dobrescu</td>
</tr>
<tr>
<td>Texas</td>
<td>Seth Bregman</td>
<td>Jim Young</td>
</tr>
<tr>
<td>Virginia</td>
<td></td>
<td>Leon McCree</td>
</tr>
<tr>
<td>Washington</td>
<td>Jonathan Melton</td>
<td>Christopher Melton</td>
</tr>
<tr>
<td>Wisconsin</td>
<td>Brian Mai</td>
<td>Ryan Boerner</td>
</tr>
</tbody>
</table>

(continued from page 7)

### U.S. Open Results

3. Andres Felipe Salgado Agudalo, Colombia

**Men 60 kg**
1. Manolo Poulot, Habana, Cuba
2. Enio Kanayama, Sao Paulo, Brazil
3. Clifton Sunada, Colorado Springs, CO, United States
3. Ricardo Acuna, Mexico

**Men 65 kg**
1. Alex Ottiano, Oneco, CT, United States
2. Jacob Flores, Colorado Springs, CO, United States
3. James Warren, Coventry, Great Britain

(continued on page 9)
The bylaws of the United States Judo Association established the regular Life Membership fee at $400.00. For several years however, the USJA has offered an introductory $100 LM fee to new members in order to increase our permanent Life Membership base.

On February 1, 1997, the Life Membership fee will begin its incremental increase towards $400.00, and the new fee as of that date will be $200.00.

To encourage continued support for the program, a credit voucher for $50.00, to be submitted with the initial payment, will be allowed during the months of February, March, and April 1997. These vouchers will be obtained from coaches or by calling the National Headquarters 719-633-7750. In other words, during those months, a payment of $150.00, together with the $50.00 credit voucher, will be accepted as a paid-in-full Life Membership fee.

Beginning May 1, 1997, the full $200.00 fee for USJA Life Membership will be required. For your convenience, our credit card and monthly payment plan will continue to be offered.

Coaches are reminded that there are still almost two months remaining for existing students and new students to take advantage of the $100.00 Life Membership offer. Life Memberships that are received between now, and January 31, 1997, will be accepted at the $100.00 rate.

U.S. Open Results
(continued from page 8)

3. Jose Castelli, Venezuela

Men 71 kg
1. Sergio Oliveira, Sao Paulo, Brazil
2. Lee Burbridge, Coventry, Great Britain
3. Gilbert Viera, Colorado Springs, CO, United States
3. Carlos Mendez, San Jose, CA, United States

Men 78 kg
1. Scott Rice, Lake Forest, IL, United States
2. Hermagoras Mangle, Venezuela
3. Darren Warner, Coventry, Great Britain
3. Gabriel Artiaga, Habana, Cuba

Men 86 kg
1. Scott Rice, Lake Forest, IL, United States
2. Hermagoras Mangle, Venezuela
3. Darren Warner, Coventry, Great Britain
3. Gabriel Artiaga, Habana, Cuba

Men 95 kg
1. Vladimir Sanchez, Habana, Cuba
2. Daniel Gowing, Auckland, New Zealand
3. Lance Nading, Denver, CO, United States
3. Bill (William) Thompson, Ontario, Canada

Men +95 kg
1. Jorge Fizz, Habana, Cuba
2. Martin Boonzaayer, Tempe, AZ, United States
3. Ato Hand, Colorado Springs, CO, United States
3. Felipe Vargas, Rio De Janeiro, Brazil

Men Open
1. Vladimir Sanchez, Cuba
2. Martin Boonzaayer, Tempe, AZ, United States
3. James Bacon, Denver, CO, United States
3. Felipe Vargas, Brazil

Yoshihiro Ichida
Newly elected USJI President
Thanks to our Systems Administrator, Bud Williams, each day we receive a USJA Status Report. At a glance, we can compare figures, study the demographics, and view the whole picture of the health and growth of your association. Below is a sample of some of the information contained in the report from November 29, 1996.

Total Member Count: 23,213
Annual Memberships expiring at the End of the Month: 369
Senior Male Members: 13,715
Senior Female Members: 2,511
Junior Males: 5,491
Junior Females: 1,496

Top 25 Clubs
New London Judo Club .................321
USJA National Training Center ........310
Omaha Public School Judo Club ....266
Jundokai Judo & Jujitsu Club .........261
Ohio Judan Judo Club ..................248
Vincenzo Judo Club ....................241
Samurai Judo Association .............219
Tremont Judo Club .....................216
Fayetteville-Ft. Bragg Judo Club ......163
Gotz Judo Club .........................163
Unidos Judo Club .......................163
Tarheel Judo School ....................161
Cahill's Judo Club .....................161
Harrisburg Judokai .....................149
Epizonzides Martial Arts ..............145
Desert Judo Club .......................144
Virgil's Judo Club .....................142
Roanoke Judo Club .....................139
Yukon Kuskokwim Judo Club ..........139
Yellowhill Judo Club ..................131
Tomah Judo Club .......................128
Maryland Academy of Martial Arts ....125
NAU Judo Team .........................123
Martin County Judo Club .............122
Rendokan Dojo .........................115

The information in our USJA database is very important. Our ability to administer to the needs of our membership depends on its accuracy. As Bud keeps telling us, "G.I.G.O.—garbage in, garbage out." Please help us to maintain the integrity of our information by keeping us up-to-date, in writing, of any changes or modifications to your individual or club status.

President .................................................Jesse L. Jones, California
Vice-president .....................................Terry Kozell, Arizona
Treasurer ..............................................James Webb, Texas
Legal Counsel .......................................Michael W. Sillyman, Esq., Arizona

Committees
Awards ..............................................Dr. Ronald Charles, S. Carolina
Law Enforcement ...............................Richard Fike, Ohio
Referee Certification .........................Rick Celotto, Connecticut
Examiner Certification .......................Charles Robinson, California
Coach Certification .............................George Weers, Illinois
Kata Certification ...............................Gregory Fernandez, California
Kata Judge Certification ......................Dr. Joel Holloway, Oklahoma
Chairman, Promotion Board ................Ronald Hansen, N. Carolina
Standards Committee .........................James Linn, Oregon
Co-chairmen, Tournaments .................Jesse Jones, California

Club Accreditation .............................Raymond Conte, New York
Collegiate ..........................................Philip Rasmussen, N. Carolina
Camps and Clinics .............................Edward Szrejet, Colorado
Karate Division ..................................Dr. Millegre Murphy, Florida
Taekwondo and Sombo Divisions ..........George Nobles, Virginia
Jujitsu Division ..................................Ben Bergwerf, Illinois
USJA National Aikido Division ............Brett Mayfield, Vermont

USJA National Headquarters
Executive Director .............................Ed Szrejet
General Manager ...............................Katrina Davis
Data Entry ..........................................Dee Dee Moore
Life Membership ...............................Barbara Gallegos
Membership Services .........................Len Hazlip
Executive Secretary .........................Norma Fogel
Systems Administrator ......................Bud Williams
Graphic Design .................................Justin Scott
Editor .................................................Judy Barrett-Juska
Printer ..............................................John Dejong

The USJA Coach is a technical and informative publication of the United States Judo Association (USJA). Reprints of articles contained herein are reprinted with permission of the publisher or author. Views expressed herein do not necessarily reflect the policies of the USJA.

All items submitted for publication in the USJA Coach become the property of the USJA and may not be reprinted wholly or in part without written permission.

The United States Judo Association is headquartered at 21 North Union Boulevard, Colorado Springs, Colorado 80909 and can be reached by calling 719-633-7750, faxing 719-633-4041, or by corresponding with this address. The USJA is also accessible via email at USJA@usa.net and on the world wide web at http://www.usa.net/~usja.