

STANDING JUDO

The Combinations and Counter-attacks

MIKINOSUKE KAWAISHI Shihan

7th Dan

Founder of Judo in France

Adapted from the Japanese by

JEAN GAILHAT

COMBINATIONS WITH LEG MOVEMENTS

TORI attacks with:

and follows up with:

OSOTO-GARI

(Major Outer Repeating)

(1) KUBI-NAGE

(Neck Throw)

(2) HIZA-GURUMA (to left):

(Knee Wheel)

DE-ASHI-BARAI

(Advancing Ankle Throw)

(1) TAI-OTOSHI (to left):

(Body Drop)

(2) YOKO-GAKE

(Lateral Hook)

HIZA-GURUMA

(Knee Wheel)

(1) KO-SOTO-GAKE (to left):

(Minor Outer Hook)

(2) O-UCHI-GARI

(Major Inner Reaping)

KO-SOTO-GAKE

(Minor Outer Hook)

(1) KO-UCHI-GARI (to left):

(Minor Inner Reaping)

(2) HANE-GOSHI (to left):

(Spring Hip Throw)

O-UCHI-GARI

(1) KO-UCHI-GARI

(2) TAI-OTOSHI

KO-UCHI-GARI

(1) O-UCHI-GARI

(2) KO-UCHI-MAKKOMI

(Minor Inner Winding)

OKURI-ASHI-BARAI

(Sweeping Ankle Throw)

TAI-OTOSHI (to left)

Remark: TORI attacks to the right – that is, against UKE's right leg.

COMBINATIONS WITH HIP MOVEMENTS

TORI attacks with:	and combines with:
UKI-GOSHI (Floating Hip)	(1) KO-TSURI-GOSHI (Minor Drawing Hip Throw) (2) O-UCHI-GARI (Major Inner Reaping)
KUBI-NAGE (Neck Throw)	(1) MAKKOMI (Inner Winding) (2) KUBI-NAGE
TSURI-GOSHI (Drawing Hip Throw)	(1) KUBI-NAGE (2) O-UCHI-GARI
KOSHI-GURUMA (Hip Wheel)	(1) ASHI-GURUMA (Leg Wheel) (2) KANI-BASAMI (Scissors)
HARAI-GOSHI (Sweeping Hip Throw)	(1) O-UCHI-GARI (2) UCHI-MATA (Inner Thigh)
HANE-GOSHI (Spring Hip Throw)	(1) O-UCHI-GARI (2) HARAI-GOSHI (3) HANE-MAKKOMI (Spring Winding Throw)
USHIRO-GOSHI (Rear Hip Throw)	URA-NAGE (Rear Throw)
TSURI-KOMI-GOSHI (Drawing Hip Throw)	(1) HARAI-GOSHI (2) KO-UCHI-GARI (Minor Inner Reaping)
UTSURI-GOSHI (Hanging Hip Throw)	There is no combination to this movement which already constitutes in itself a counter-attack
UCHI-MATA (Inner Thigh)	(1) HARAI-GOSHI (2) O-UCHI-GARI

COMBINATIONS WITH SHOULDER THROWS

TORI attacks with:	and combines with:
TAI-OTOSHI (Body Drop)	SEOI-OTOSHI (Shoulder Drop)
UKI-OTOSHI (Floating Drop)	(1) O-UCHI-GARI (Major Inner Reaping) (2) TOMOE-NAGE (Stomach Throw)
HIJI-OTOSHI (Elbow Drop)	KO-UCHI-MAKKOMI (Minor Inner Winding Throw)
SUKUI-NAGE (Scooping Throw)	KATA-ASHI-DORI (Single Leg Hold)
MOCHIAGE-OTOSHI (Lifting Drop)	No combination possible

COMBINATIONS WITH SHOULDER MOVEMENTS

TORI attacks with:	and combines with:
KATA-SEOI (One Arm Shoulder Throw)	(1) KO-UCHI-GARI (Minor Inner Reaping) (2) SEOI-OTOSHI (Shoulder Drop)
SEOI-NAGE (Shoulder Throw)	(1) O-UCHI-GARI (Major Inner Reaping) (2) KO-UCHI-GARI
KATA-GURUMA (Shoulder Wheel)	KATA-ASHI-DORI (Single Leg Hold)

COMBINATIONS WITH SUTEMI THROWS

The majority of sutemi throws can serve to bring an opponent to the ground.

At the same time, the essential condition is that the attack must be sufficiently whole-hearted and effective to break UKE's balance.

The initiative and the advantage must remain with TORI; he must not simply fall to the ground and try to drag UKE with him.

Nevertheless, it is deplorable that TORI's direct attack by pushing with his heel against UKE's hip should not be more readily admitted, and more frequently practised.

What is necessary to preserve is the spirit of Judo, but this will not be attained by restricting the techniques of attack in competition, much to the contrary.

It is a truism to say that the sutemis are, in themselves, the ends of movements, and as such should never serve as the starting-points for combinations.

However, YOKO-TOMOE and MAKI-TOMOE can be considered as variations and continuations of TOMOE-NAGE.

MAKKOMI is a combination with KUBE-NAGE.

YOKO-GAKE is a combination with DE-ASHI-GARI and KO-SOTO-GARI.

TANI-OTOSHI is a combination with KO-SOTO-GAKE, SO-SOTO-GARI and SUMI-OTOSHI.

SUMI-GAESHI, UKI-WAZA and YOKO-OTOSHI are combinations with any breaking of balance to the side, and form a means to bring an opponent to the ground.

KANE-BASAMI can serve as a combination with KOSHI-GURUMA and HARAI-GOSHI.

HANE-MAKKOMI is, as we have seen, HANE-GOSHI in sutemi.

URA-NAGE and YOKO-GURUMA are reciprocal combinations against all blocks with the 'hara'.

YOKO-WAKARE is a combination with TAI-OTOSHI and UKI-OTOSHI.

TAWARA-GAESHI is, in short, very rarely practised and is mainly a counter-attack against an opponent who blocks to excess by leaning far forward, and as a means to bring an opponent to the ground.