Judo Dislocation Necklocks
by Mikunosuke Kawaishi

The OBJECT of the Dislocation Necklocks is to bring about a dislocation of the cervical vertebrae.

The attacks with dislocation NECKLOCKS often afford TORI an opportunity, if he knows how to turn to his advantage the various styles of UKE'S resistance, to link up in a Strangulation and above all in an Armlock.

Thus the Dislocation Necklocks are used a great deal against one who resists "tortoise-like", arms bent and head drawn into the shoulders, because they compel him in order to escape therefrom either to turn his head or more or less to stretch his arms.

Attention: All these holds can be very DANGEROUS and should be taught only from the grade of Brown Belt.

In fact, if their execution is too rough, too rapid or carried too far, they incur the risk of causing serious injuries the consequences of which may be grave and permanent, arising from the dislocation of the cervical vertebrae (through elongation or torsion) to the point of fracture of the spinal column through rupture of the intervertebral cartilaginous discs.

The utmost prudence must therefore be impressed upon those practising these methods. TORI should always be careful to preserve his balance during the entire execution of the movement which should be progressive and without discontinuity in order never to be obliged abruptly to take a supplementary and an unforseen point of support on UKE'S neck. As for UKE, he must try to discipline his efforts to dodge and escape by placing at the right moment his shoulders, arms and legs as points of support.

1. KUBI-HISHIGI, Dislocation of Neck

Tori and uke are in the 2nd Position of Armlocks. Tori places his hands one on the other, palms underneath, flat on the nape of uke's neck. His wrists and forearms should be hollowed

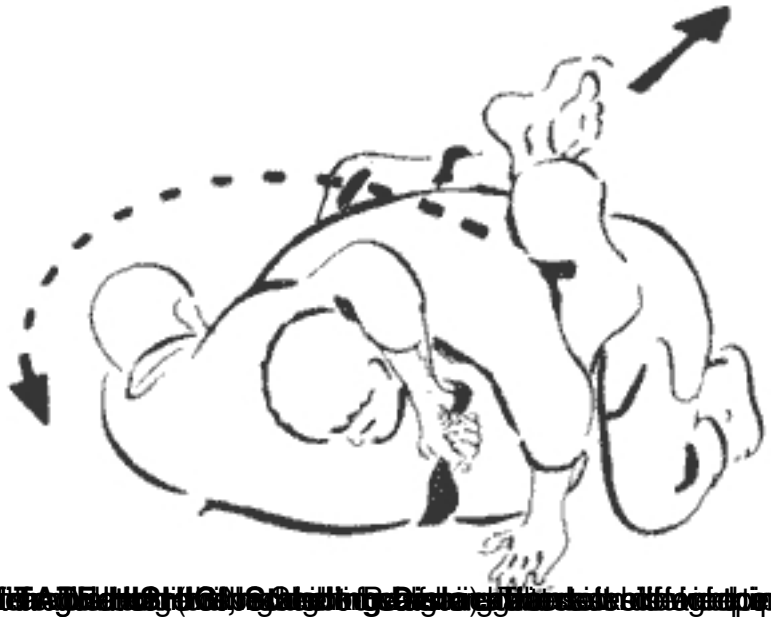
"cradle-wise" in order to envelop uke's neck and head as tightly as possible.

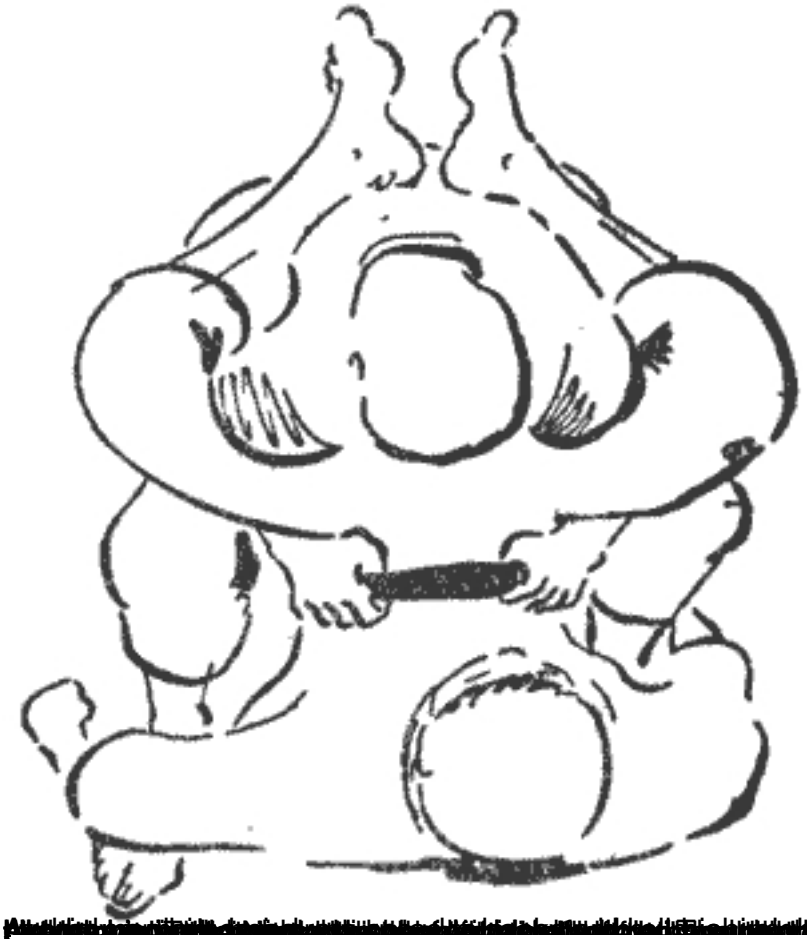
Tori, seated well balanced and stable on uke's stomach, his left leg in support behind and his right foot in front, against uke's left flank under his armpit, executes a double movement with his arms of traction of the nape of uke's neck upwards and of torsion of his head towards his left, i.e. appreciably in the direction of tori's raised right knee.
Remark: In this Necklock the role and manner of placing the hands (spoon-like) and the wrists (half bent) of tori are essential.

The double movement of traction and torsion is accomplished with the participation of tori's entire upper body with the contracted abdominal muscles as base.

2. OSAE-HISHIGI, Dislocation in Immobilization

Tori and uke are in the 2nd Position of Armlocks as previously.Tori supporting himself on his left arm leans forward as much as possible and to the left to the point of placing his head behind uke's right shoulder. Tori then passes his right arm under the nape of uke's neck but by its inner surface, i.e. starting from the right side of uke's head, in reverse, and his right hand grasps his own belt, the back of the hand against his right hip, the thumb remaining on the outside and the fingers sliding from top to bottom beneath the belt and the jacket.





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"The man who is at the peak of his success, and the man who has just failed are in exactly the same position. Each must decide what he will do next."

Jigoro Kano